

THE NEAR-DEATH EXPERIENCE

Directions: There are MANY variations of this exercise, but the point of it, is clear. When you're done here (in this life), what should have happened? One of the most profitable versions of this exercise is where you describe your eulogy. Go to a nice quiet spot, read the paragraph below, and just start to write it.

Let's pretend... There you are, in your casket. Everyone thinks you're dead, but you're really not. The doctors made a mistake; and there you are, at your funeral. A number of people have been asked to say a few words about you. Little do they know, you're actually listening. You go on, and play along, just to see what everyone is going to say.

After they are done, you find yourself having the most exhilarating time of your life. Everything that you could ever dream that people would or could say about you, was said about you. Everything. And, then you realized. Every great thing that you wanted to make happen, happened. And they talked about these things. What you did. What kind of person you were. Why everyone loved you, the whole deal. They also when into what you did in your business and career. They discussed your charitable work. Every major person who knew anything about you was there, and they spoke all these words.

Your job is now to write down these things. Who were these people? What exactly did they say? And, most important, if you leave something out, I want you to realize, by not writing it down, you have decided that it may never happen in your life? So write it down. All of it. Enjoy!

(hint: If you hate writing, then just paraphrase)

Action Thoughts